Learn more about earthquakes and other disasters in my book, Be Ready for Anything. If you were caught up in the midst of a massive earthquake— the kind that takes down buildings and buckles roads—would you know what to do? I’m not talking about a minor temblor that shakes a glass off the counter and sends it to shatter on the floor. I’m talking about The Big One. How to Survive an Earthquake. Earthquakes strike without (or with limited) warning and are among the most destructive natural disasters. To ride out an earthquake, remember the phrase “drop, cover, and hold on.” Quickly find a spot away...Â How to Survive an Earthquake. Download Article. Explore this Article. Surviving Earthquakes book. Read reviews from worldâ€™s largest community for readers.Â Start by marking â€œSurviving Earthquakesâ€ as Want to Read: Want to Read saving… Want to Read. Currently Reading. Read. Surviving Earthquakes. by Michael Bernard Burgan. Other editions. Want to Read saving… Error rating book. Refresh and try again. Rate this book. Clear rating. 1 of 5 stars 2 of 5 stars 3 of 5 stars 4 of 5 stars 5 of 5 stars. “An earthquake can happen anytime, anywhere. Be prepared if one shakes up your world. Whether you’re trapped in rubble or surrounded by spilled chemicals, you’ll find out how to stay safe in How to Survive an Earthquake.”Â In her books for young readers, Heather L. Montgomery shares her passion for nature. During her 20 years of outdoor education, Heather has unearthed many mysteries - from snake tongues to slurping bugs; the more bizarre, the better.