On this painterly journey, Tracy Verdugo leads you from self-doubt to self-appreciation by helping you find your voice through a myriad of vibrantly-hued mark making, painting and self-reflection techniques. There are no mistakes here, only opportunities to learn and grow.

* Learn the language of your own sacred marks by painting with personal symbology.
* Discover the inspiration that exists around you, in your home, your community, the present moment.


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Paint, Play, Explore: Expressive Mark Making Techniques in Mixed Media. Rae Missigman. 4.6 out of 5 stars 108. I received my copy of Paint Mojo when they first began mailing them, but I didn't really begin to dig in until I traveled North to the Boundary Waters area of Minnesota. There, I began savoring every page. And as I turned the pages, and swallowed the color and line and pain and joy, images began to wake up in me.