PERSONAL NUTRITION, 7th Edition, helps you acquire the skills and knowledge you need to become a savvy evaluator of the nutrition issues and controversies you will encounter throughout your life. Presented in a vibrant design with clarifying figures, many. Dr. Marie Boyle received her B.A. in psychology from the University of Southern Maine and her M.S. and Ph.D. in nutrition from Florida State University. She is author of PERSONAL NUTRITION and coauthor of COMMUNITY NUTRITION IN ACTION: AN ENTREPRENEURIAL APPROACH. Dr. Boyle is a professor of nutrition, chairperson of the Foods and Nutrition Department, and director of the Graduate Program in Nutrition at the College of Saint Elizabeth in Morristown, New Jersey. Personal Nutrition by Marie A. Boyle. Sara Long Roth. PERSONAL NUTRITION, Sixth Edition is the most concise introductory nutrition textbook on the market. Twelve chapters in length, it is designed for use in quarter or semesters schools where the introductory nutrition course is consumer focused. It takes an applied approach to the introductory nutrition course. Dr. Marie Boyle received her B.A. in psychology from the University of Southern Maine and her M.S. and Ph.D. in nutrition from Florida State University. She is author of PERSONAL NUTRITION and COMMUNITY NUTRITION IN ACTION. Dr. Boyle is a Professor in the Foods and Nutrition Department at Saint Elizabeth University in Morristown, New Jersey. She also teaches online graduate courses in applied nutrition at the University of New England in Portland, Maine. This book held a lot on information for first time students or learners of nutrition. I would definitely recommend this book to anyone if you are interested in learning about where to start when it comes to nutrition. Read more. One person found this helpful. Become a smarter consumers with PERSONAL NUTRITION, Ninth Edition. Engaging and accessible, Boyle provides a solid grounding in fundamental nutritional principles and how to apply them to make informed, healthy choices. The Ninth Edition is thoroughly updated to reflect the latest research, recommendations, and current trends and issues. It also features new and revised illustrations, photographs, examples, and learning objectives to make material even more timely, relevant, and compelling for today's learners. The text is also now supported by MindTap, the most engaging and customizable ...Â Marie A. Boyle, Sara Long Roth. Edition Number. 9.