Growing Stuff book. Read 7 reviews from the world's largest community for readers. Growing Stuff: An Alternative Guide to Gardening is a vibrant and quirky guide for anyone wishing to transform their minimal outdoor space. With easy-to-follow instructions on the basics of growing flowers, herbs, vegetables and more, Growing Stuff provides an excellent introduction to the world of horticulture. A wide selection of creative recipes will help you take growing plants to the next level by making use of them with craft and culinary projects. Great gardening books give you inspiration and strategies for tending your beds. We researched the best gardening books so you can choose the perfect one.

Best for Vegetable Gardens: The Vegetable Gardener's Bible at Amazon.
"Can teach you everything you need to know to grow beautiful veggies, from basics like tomatoes and carrots to more unusual varieties of produce."

Best for Flower Gardens: The Flower Gardener's Bible at Amazon.
"Contains a wealth of expert advice, addressing everything from how to pick the best growing site to tips on maximizing the lifespan of your plants."

Best for Small Spaces: All New Square Foot Gardening II at Amazon.
Growing a garden encourages people to engage in other behaviors and activities that promote wellness. For example, gardeners consume more fruits and vegetables than non-gardeners. Hale J et al. Start getting those fingers green! Whether you have your own plot of land or need to pursue an alternative approach to gardening, this handy-dandy guide will have you elbow deep in compost in no time at all. Rule numero uno: Relax and have fun. Gardening is often a process of trial and error, and we promise that it’s not as intimidating as it might seem!

GROWING STUFF: Practical yet unconventional, Growing Stuff proves that gardening can be enjoyed by all and practised in any space, regardless of size, location or budget. Packed with easy-to-follow projects, useful hints and recipes to help transform windowsills, balconies, courtyards and gardens into urban oases, Growing Stuff puts the excitement and accessibility back into gardening. To order this title at a 40% discount simply email Jess Atkins at [email protected], quoting "Garden Bookworm GS Offer" as the subject of your email. Feedback History and Summary. No positives No neutrals
How to Grow Stuff – Easy, No-Stress Gardening for Beginners by Alice Vincent is out now (Ebury Press, Â£12.99) To order your copy for Â£10.99 plus p&p call 0844 871 1514 or visit books.telegraph.co.uk. For more urban gardening, follow Alice on Instagram.com/noughticulture. Follow The Telegraph. Follow on Facebook. Follow on Twitter. Follow on Instagram. Follow on LinkedIn.