
Read "Sacred Beat From the Heart of the Drum Circle" by Patricia Telesco available from Rakuten Kobo. The beat is universal -- drumming as a way of communicating with other people, spirits, and self exists around the world...Â Sacred Beat honors and explores every aspect of drumming -- historical, contemporary, practical. In Part I, Telesco and Waterhawk tell the history of drums and drumming circles and the myths, superstitions, and religions that have grown up around drumming.Â The book closes with a section on creating drumming magic all your own, with meditations, prayers, and divinations to create overall well-being and spiritual awareness with drums. Sacred Beat book. Read reviews from worldâ€™s largest community for readers.

The beat is universal drumming as a way of communicating with other people, sp...Â By working with the drum, a person can support this partnership, reach out to the community, touch the earth, and nurture their own spirit. ....more. Get A Copy. Amazon. Online Stores â–¾. Audible Barnes & Noble Walmart eBooks Apple Books Google Play Abebooks Book Depository Alibris Indigo Better World Books IndieBound. Libraries. Paperback, 224 pages. Find great deals on eBay for the sacred beast. Shop with confidence.A 1994 Dark Angel Legend Of The Sacred Beast by Kia Asamiya CPM Manga Softcover. C $7.84. Top Rated Seller. Top Rated Seller. Was: Previous PriceC $13.06 40% off. From United States. Buy It Now.Â CD The Very Beast of Dio Best Hits Holy Diver We Rock Sacred Heart Dream Evil. Pre-Owned. C $13.00. Top Rated Seller. Top Rated Seller. Buy It Now. From United States. Sacred Beat illustrates the reasons we are emotionally drawn to the drum. Opening with a bit of an ethnographic look at the cultures that have long held drumming in high regard. There's a strong lean to New Age and Pagan uses of the drum today, and the book is light on technique, so plan on wanting more as you finish this book. But all in all, that is not a bad thing. I would not have this as an only text on drumming for spirituality, but it deserves a space on the shelf. Read more. 3 people found this helpful.Â Excellent book and a must for anyone facilitating a drum circle. Drumming is more than music, it's deeper than that. Read more. Read Sacred Beat by Patricia Telesco,Don Waterhawk with a free trial. Read unlimited* books and audiobooks on the web, iPad, iPhone and Android.Â Understanding drumming is like understanding your heart. If you listen very carefully, you will know its essence and hear the voice of the ancestors reaching out from the past. When you find and work with one drum regularly it becomes an extension of self that communicates your values, your joy in life, and your connection with Earth and the magical community.