At last a perfect guide for hiking and biking in Maryland! I don't have children but found this book to be a great resource for the short hikes and bike trips I enjoy with my husband. We went to the Cranesville swamp and had a difficult time finding information. This guide had the trails, directions, and plenty of interesting info on the natural history and ecology of the sites. I have used it for two of the other sites and have dogged-eared several more. I find it to be the perfect companion. Road Cycling. Canoeing. All Paddling Articles. Buying Guides. Heading out for a day hike is a delightful way to explore nature with friends and family, or even by yourself. Whether you want to go deep into the mountains or stay closer to home, the places to go are numerous; many state and national parks offer broad networks for trails, as does national forest land. To determine what you need to bring on a day hike, think about how far you plan to hike, how remote the location is and what the weather forecast has in store. In general, the longer and/or more remote the hike is and the more inclement the weather, the more clothing, gear, food and water you need. Now in a newly updated second edition, "Hiking, Cycling, & Canoeing in Maryland: A Family Guide" by Bryan MacKay is a thoroughly 'user friendly' guide to taking advantage of this vast and beautiful array of nature available in a small area. Covering over twenty hikes, sixteen cycling paths, and nearly twenty rivers worth considering to canoe, "Hiking, Cycling, & Canoeing in Maryland" is a must for any outdoors lover who is either living in or planning to visit the state. My copy is wearing thin. At last a perfect guide for hiking and biking in Maryland! I don't have children but found this book to be a great resource for the short hikes and bike trips I enjoy with my husband. We went to the Cranesville swamp and had a difficult time finding information. A guide to exploring nature with friends and family, or even by yourself. Whether you want to go deep into the mountains or stay closer to home, the places to go are numerous; many state and national parks offer broad networks for trails, as does national forest land. To determine what you need to bring on a day hike, think about how far you plan to hike, how remote the location is and what the weather forecast has in store. In general, the longer and/or more remote the hike is and the more inclement the weather, the more clothing, gear, food and water you need. Now in a newly updated second edition, "Hiking, Cycling, & Canoeing in Maryland: A Family Guide" by Bryan MacKay is a thoroughly 'user friendly' guide to taking advantage of this vast and beautiful array of nature available in a small area. Covering over twenty hikes, sixteen cycling paths, and nearly twenty rivers worth considering to canoe, "Hiking, Cycling, & Canoeing in Maryland" is a must for any outdoors lover who is either living in or planning to visit the state. My copy is wearing thin.