The Ingredients Found in Crystal Meth. Most drugs have some organic base to them, but crystal meth is made entirely from chemicals and most of them are highly toxic. There are three primary ingredients in making crystal meth: Pseudoephedrine. This is the active ingredient in Sudafed. Unfortunately, they also help boost the effects of other drugs that may be in your system. That is why medications like Ritonivair are sometimes used in the cutting process. As an example of the dangerous consequences of PI's potential to boost the effects of recreational drugs: In 1997 a man with AIDS who had been taking Ritonavir died suddenly after taking only two hits of ecstasy. But his blood level measured 4.6 mg of MDMA which is equal to 22 hits of X. Substances used to cut meth. Methamphetamine (meth) and crystal methamphetamine are referred to by many names: METH â€¢ Beannies â€¢ Brown â€¢ Chalk â€¢ Crank â€¢ Chicken feed â€¢ Cinnamon â€¢ Crink â€¢ Crypto â€¢ Fast â€¢ Getgo â€¢ Methlies Quik â€¢ Mexican crack â€¢ Pervitin (Czech. Republic) â€¢ Redneck cocaine. Meth is commonly manufactured in illegal, hidden laboratories, mixing various forms of amphetamine (another stimulant drug) or derivatives with other chemicals to boost its potency. Common pills for cold remedies are often used as the basis for the production of the drug. The meth â€¢ cook â€¢ extracts ingredients from those pills and to increase its strength combines the substance with chemicals such as battery acid, drain cleaner, lantern fuel and antifreeze.